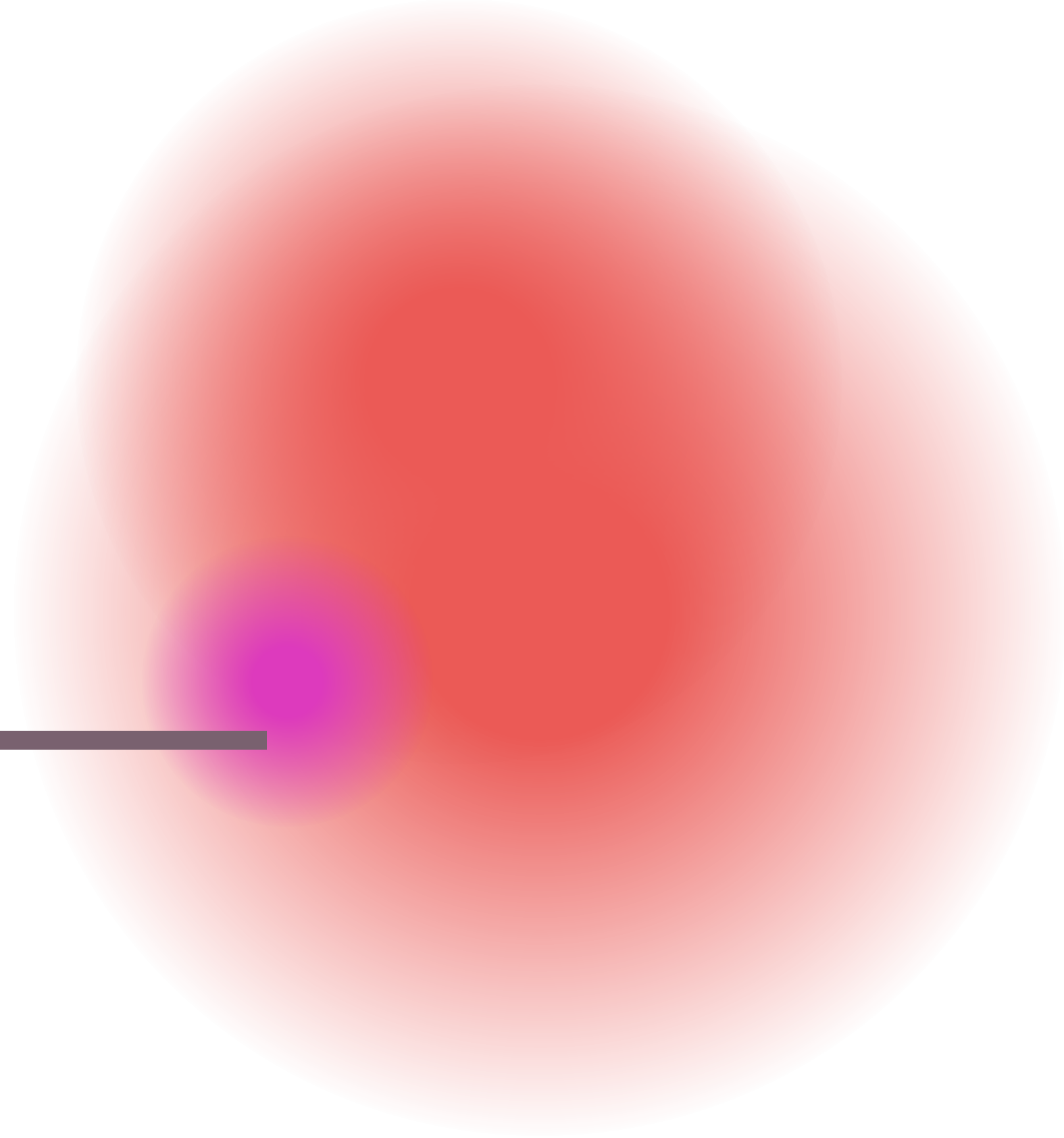


QUALITY RELATIONSHIPS





- ▶ REAL-ationships
- ▶ Intimacy {into-me-see}
- ▶ Vehicle for spiritual growth

TANTRIC LOVE

TRANSFIGURATION

- ▶ "change the form"
- ▶ reality beyond appearances
- ▶ see life as permeated by the Divine
- ▶ see in the beloved being divine virtues



CONSCIOUS COMMUNICATION

- ▶ Taking turns
- ▶ Accountability
- ▶ Reflective co-listening
- ▶ Expressing impact





THE FALSE EGO



▶ MULHADARA

I AM → "root identity"
security and safety



▶ SVADHISTANA

I FEEL → mundane pleasure



▶ MANIPURA

I DO → power and judgment

ARCHETYPAL LOVE

SHIVA AND SHAKTI the ultimate cosmic couple

All manifestation is created by this polarity, it's sustained through it
and everything happens through this dance.



SHIVA WITHOUT
▶ SHAKTI IS SHAVA

"IT'S NOT ABOUT
GETTING HIGH,
IT'S ABOUT
GETTING REAL"

- RAM DASS -

SHAKTI WITHOUT
▶ SHIVA IS CHAOS

SPIRITUAL BYPASSING

using spiritual tools and teachings to avoid psychological issues, traumatic wounds, and unmet developmental tasks

- ▶ **FEAR OF REJECTION, CONFLICT-AVOIDANCE**
masquerade as being easygoing and seeing the beauty in the other
- ▶ **CO-DEPENDENCY**
masquerade as care-giving and compassion
- ▶ **DISINTEREST AND DISCONNECTION**
masquerade as the virtue of detachment



SELFLESSNESS

SELFLESS SELF

Indeed there is someone in front of me who deserves love and care

That someone isn't a fixed someone in and of itself, that someone is constantly changing and infinitely evolving process

